ORDERS,

thought meete by her Maieſtie, and her priuie Councell, to be executed throughout the Counties of this Realme, in ſuch Townes, Villages, and other places, as are, or may be hereafter infected with the plague, for the ſtay of further increaſe of the ſame.

Alſo, an aduiſe ſet downe vpon her Maieſties expreſſe commaundement, by the beſt learned in Phyſicke within this Realme, containing ſundry good rules and eaſie medicines, without charge to the meaner ſort of people, aſwell for the preſeruation of her good Subiects from the plague before infection, as for the curing and ordring of them after they ſhalbe infected.

Imprinted at London by Chriſtopher Barker, Printer to the Queenes most excellent Maieſtie.

BRITISH MUSEUM

Imprinted at London by Chris-
pher Barker, Printer to the Queenes
most excellent Maiestie.

Orders thought meete by her Maieſtie and her priuie Councel, to be executed throughout the Counties of this Realme, in ſuch Townes, Villages, and other places, as are, or may be hereafter infected with the plague, for the ſtay of further increaſe of the ſame.

IN primis, all the Juſtices in euery Countie, aſwell within the liberties as without, immediatly vpon knowledge to them giuen, ſhall aſſemble themſelues together at ſome one generall place accuſtomed, being cleare from infection of the plague, to conſult howe theſe orders following may be duely put in execution, not meaning that any Juſtices dwelling in or nere places infected, ſhall come thither whiles their comming may be doubtful. And after their firſt generall aſſembly, they ſhal make a diſtribution of themſelues to ſundry limits and diuiſions, as in other common ſeruices for the Countie they are accuſtomed to doe for the proſecution thereof. 1

2 Firſt, they ſhall inquire, and preſently informe themſelues by all good meanes, what Townes and Villages are at the time of ſuch aſſemblie infected within euery their Counties; and in what Hundred or other diuiſion, the ſaid Townes & Villages are, and howe many of the ſame places ſo infected are corporat Townes, market Townes and Villages; and ſhall conſider of what wealth the in- 2

habitants

habitants of the same Townes and Parishes are, to be hable to relieue the poore that are or shalbe infected, and to be restrained in their houses.

3 Item, thereupon after conference vsed according to the necessitie of the cause, they shall deuise and make a generall taxation, eyther by charging the Towne infected with one summe in grosse, or by charging the speciall persons of wealth within the same, to be forthwith collected for the rate of one moneth at the first, and so if the sickenesse shall continue, the collection of the like summe, or of more or of lesse, as time and cause shall require, and the same to be euery first, seconde, third, or fourth weeke employed to and for the execution of the saide orders. And in case some of the said Townes infected shall manifestly appeare not to be of sufficient habilitie to contribute sufficient for the charges requisite, then the taxation or collection shalbe made or further extended to other partes, or in any other further limittes, as by them shalbe thought requisite where there shalbe any such Townes or Villages so infected, and vnable to relieue themselues. And if the said Townes be scituated in the borders and confines of any other shire, then as the Justices shal see cause and neede for the greatnesse of the charge requisite, that the partes of the Shire lopping to the Townes infected be not hable, they shal write their letters to the next Justices of the other Shire so confining, to procure by collection some relefe, as in like cases they are to relieue them, in respect of neere neighbourhood of the place, and for that the same infection may be the better staied from the said adioyning places, though they be separated

parated by name of the Countie.

4. Item, they shal cause to be appointed in euery Parish as well infected as not infected, certaine persons to viewe the bodies of all such as shall die, before they be suffered to be buried, and to certifie the Minister of the Church and Churchwarden, or other principal officers, or their substitutes, of what probable disease the said persons died: and the saide viewers to haue weekely some allowance, and the more large allowance where the Townes or Parishes be infected, during the infection, towards their maintenance, to the end they which shal be in places infected, may forbeare to resort into the companie of others that are sounde: and those persons to be sworne to make true report according to their knowledge, and the choise of them to be made by direction of the Curat of the Church, with three or foure substantiall men of the Parish. And in case the said viewers either through fauour or corruption, shal giue wrong certificat, or shal refuse to serue being thereto appointed, then to cause them to be punished by imprisonmēt, in such sort as may serue for a terror to others. 4

5. Item, the houses of such persons out of the which there shall dye any of the plague, being so certified by the viewers, or otherwise knowen, or where it shalbe vnderstood, that any person remaineth sicke of the plague, to be closed vp on all parts during the time of restraint, vz. fire werkes, after the sicknesse be ceased in the same house, in case the said houses so infected shalbe within any Towne hauing houses neere adioyning to the same. And if 5

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the infection happen in houſes diſperſed in Villages, and ſeparated from other houſes, and that of neceſſitie, for the ſeruing of their cattel, and manuring of their ground, the ſaid perſons cannot continue in their houſes, then they to be neuertheleſſe reſtrained from reſorting into companie of others, either publiquely or priuately during the ſaid time of reſtraint, and to weare ſome marke in their vppermoſt garments, or beare white rods in their hands at ſuch time as they ſhall goe abroade, and if there be any doubt that the maſters and owners of the houſes infected, will not duely obſerue the directions of ſhutting vp their doores, ſpecially in the night, then ſhall there be appointed two or three watchmen by turnes, which ſhalbe ſworne to attend and watch the houſe, and to apprehend any perſon that ſhall come out of the houſe contrary to order, and the ſame perſons by order of the Juſtices, ſhal be a competent time impriſoned in ỹ ſtocks in the highway next to the houſe infected: and furthermore, ſome ſpeciall marke ſhalbe made and fixed to the doores of euery of the infected houſes, and where any ſuch houſes ſhall be Innes or Alehouſes, the ſignes ſhalbe taken down for the time of the reſtraint, and ſome croſſe or other marke ſet vp in the place thereof, to be a token of the ſickneſſe.

6 Item, they ſhall haue good regarde to chuſe honeſt perſons that either ſhall collect the ſummes aſſeſſed, or ſhall haue the cuſtodie thereof, & out of the ſaid collection to allot a weekely proportion for the finding of victuall, or fire, or medicines for the poorer ſort, during the tyme of their reſtraynt. And whereas ſome perſons being well diſpoſed to yeeld

almes

almes and relieſe, will be more willing to giue ſome portions of victuall, as corne, bread or other meate, the ſame ſhall be committed to the charge of ſome ſpeciall perſons, that will honeſtly and truely preſerue the ſame, to be diſtributed as they ſhall be appoynted for the poore that are infected.

7 Item, to appoynt certaine perſons dwelling 7
within the townes infected, to prouide and deliuer all neceſſaries of victuals, or any matter of watching or other attendance, to keepe ſuch as are of good wealth being reſtrained, at their owne proper charges, and the poore at the common charges: and the ſaid perſons ſo appoynted to be ordered, not to reſort to any publique aſſemblie during the tyme of ſuch their attendance, as alſo to weare ſome marke on their vpper garment, or to beare a white rod in their hande, to the ende others may auoyde their companie.

8 Item, that in the ſhire towne in euery Coun- 8
tie, and in other great townes meete for that purpoſe, there may be prouiſion beſpoken and made, of ſuch preſeruatiues & other remedies, which otherwiſe in meaner townes can not be readily had, as by the Phyſicians ſhall be preſcribed, and is at this preſent reduced into an Aduiſe made by the Phyſicians, and nowe printed and ſent with the ſayd orders, which may be fixed in market places, vpon places vſual for ſuch publique matters, and in other townes in the bodies of the pariſhe churches, and chappells, in which aduiſe only ſuch things are preſcribed, as vſually are to be had and founde in all countries without great charge or coſt.

9 9 Item, the Miniſters and Curates, and the Churchwardens in euery Pariſh, ſhall in writing certifie weekely to ſome of the Juſtices, reſiding within ỹ Hundred or other limit where they ſerue, the number of ſuch perſons as are infected and doe not die, and alſo of all ſuch as ſhall die within their Pariſhes, and their diſeaſes probable wherof they dyed, and the ſame to be certified to the reſt of the Juſtices at their aſſemblies, which during ſome conuenient time would be euery xxi. dayes, and thereof a particular booke kept by the Clerke of the peace, or ſome ſuch like.

10 10 Item, to appoynt ſome place apart in each pariſh for the burial of ſuch perſons as ſhal die of the plague, as alſo to giue order that they be buryed after ſunne ſetting, and yet neuertheleſſe by daylight, ſo as the Curate be preſent for the obſeruation of the rites and ceremonies preſcribed by the lawe, foreſeeing as much as conueniently he may, to be diſtãt from the danger of infection of the perſon dead, or of the companie that ſhall bring the corſe to the graue.

11 11 Item, the Juſtices of the whole Countie to aſſemble once in xxi. dayes, to examine whether thoſe orders be duely executed, and to certifie to the lordes of the priuie Councell their proceedings in that behalf, what townes and villages be infected, as alſo the nombers of the dead, and the diſeaſes wherof they dyed, and what ſummes of money are tared and collected to this purpoſe, and howe the ſame are diſtributed.

12 12 Item, the Juſtices in the hundred, where a-

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ny such infection is, or the Justices next adioyning thereunto, to assemble once a week, to take accompt of the execution of the said orders, and as they finde any lack or disorder, either to reforme it themselues, or to report it at the generall assemblie there, to be by a more common consent reformed.

13 Item, for that the contagion of the plague groweth and increaseth no way more, then by the vse and handling of such clothes, bedding and other stuffe as hath bene worne and occupyed by the infected of this disease, during the time of their disease: the sayde Justices shall in the places infected take such order, that all the saide clothes and other stuffe, so occupied by the diseased, so soone as the parties diseased of the plague are all of them either well recouered or dead, be either burnt and cleane consumed with fire: or els ayred in such sort as is prescribed in an especiall article conteyned in the Aduise set downe by the Physicians. And for that peraduenture the losse of such apparell, bedding and other stuffe to be burnt, may be greater then the poore estate of the owners of the same may well beare: it is thought very good and expedient, if it be thought meete it should be burnt, that then the said Justices, out of such collections as are to be made within their Counties for the relefe of the poorer sort that be infected, allowe also to them such summe or summes as to them shall be thought reasonable, in recompēce of the losse of their said stuffe. 13

14 Item, the said Justices may put in execution any other orders that by them at their generall assemblie shall be deuised and thought meete, ten- 14

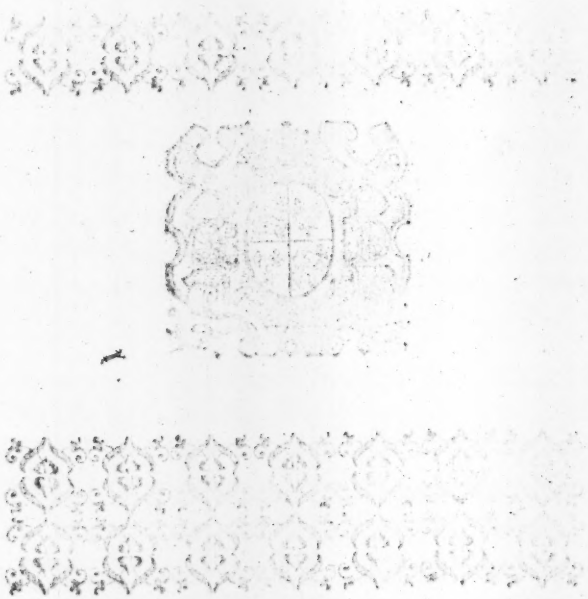
ding to the preseruation of her Maiesties subiectes from the infection, and to the end their care and diligence may the better appeare, they shall certifie in writing the sayde orders newly deuised, and if any shall wilfully breake and contemne the same or any the orders herein specified, they shal either presently punishe them by imprisonment, or if the persons so contemning them, shall be of such countenance as the Justices shall thinke meete to haue their faults knowen to her Maiestie, or to the Councell, they shall charge and binde them to appeare before vs, & the contempt duely certified, that there may bee a more notorious sharpe example made by punishment of the same by order of her Maiestie.

15 15 Item, if there be lacke of Justices in some partes of the shire, or if they which are Justices there shall be for the tyme absent, in that case the more nomber of the Justices at their assemblie shal make choyse of some conuenient persons to supply those places for the better execution hereof.

16 16 Item, if there be any person Ecclesiastical or laye, that shall holde and publishe any opinions (as in some places report is made) that it is a vayne thing to forbeare to resort to the infected, or that it is not charitable to forbid the same, pretending that no person shall dye but at their tyme prefixed, such persons shalbe not onely reprehended, but by order of the Bishop, if they be ecclesiasticall, shalbe forbidden to preache, and being laye, shalbe also enioyned to forbeare to vtter such dangerous opinions vpon payne of imprisonment, which shall be executed, if they shall perseuer in that error. And yet it shall appeare

peare manifestly by these orders, that according to Christian charitie, no persons of the meanest degree shalbe left without succour and relefe.

17 And of these things aboue mencioned, the Justices shall take great care, as of a matter specially directed & commanded by her Maiestie vpon the princely and naturall care shee hath conceyued towards the preseruation of her subiectes, who by very disorder, and for lacke of direction do in many partes wilfully procure the increase of this general contagion. 17



An aduiſe ſet dovvne

vpon her Maieſties expreſſe commandement, by the beſt learned in Phyſicke within this Realme, contayning ſundry good rules and eaſie medicines, vvithout charge to the meaner ſort of people, as well for the preſeruation of her good Subiectes from the plague before infection, as for the curing and ordring of them after they ſhal be infected.

Preſeruatiue by correcting the aire in Houſes.

TAke Roſemarie dried, or Iuniper, Bayleaues, or Frankincenſe, caſt the ſame on a Chafindiſh, and receiue the fume or ſmoke therof. Some aduiſe to be added Lauender, or Sage. Preſeruatiues.

Alſo to make fires rather in Pannes, to remoue about the Chamber, then in Chimneis, ſhall better correct the aire of the Houſes.

Take a quantitie of Vineger very ſtrong, and put to it ſome ſmall quantitie of Roſewater, tenne branches of Roſemarie, put them all into a baſen, then take fiue or ſixe Flintſtones, heated in the fire till they be burning hotte, caſt them into the ſame Vineger, alſo let the fumes be receiued from place to place of your houſe.

Perfu-

Perfuming of Apparel.

Such apparel as you shal commonly weare, let it be very cleane, and perfume it often eyther with some red Saũders burned, or with Iuniper. And if any shal happen to be with them that are visited, let such persons as soone as they shal come home, shift themselues, & aire their other clothes, in open aire for a time.

Preseruation by way of defence in open aire, and common assemblies to be vsed outwardly.

It is good in going abroade into the open aire in the streetes, to hold some things of sweete sauour in their hands, or in the corner of a handkercheife, as a sponge dipped in Vineger & Rosewater mixed, or in Vineger, wherein Wormewood, or Rue called also Herbegrace, hath bene boyled.

Preseruatiue by way of inward medicine.

Take a quantitie of Rue, or Wormewood, or of both, and put it into a potte of vsuall drinke, close stopped, let it lie so in steepe a whole night, and drinke thereof in the morning fasting.

In all Sommer plagues, it shalbe good to vse Sorrel sauce to be eaten in ỹ morning with bread. And in the fall of the leafe to vse the inner of Barberies with bread also.

Mens

Mens bodies are apt to take infectiō, either
- By the constitution of the heart, the vitall spirites being weake, and the naturall heate feeble, in which case thinges Cordiall are to be vsed.
- By repletion, the body being filled with humors, either
  - Good, and then is the party to be let blood.
  - Euill, and then is hee to be cured with medicine purgatiue.

Preseruatiues Cordialls.

Mithridates Medicine.

TAke of good Figges not wormeaten, cleane washed, of Walnuts ỹ kernels cleane picked, of either of them an hundred, of the leaues of greene Rue, otherwise called Herbgrace, ỹ weight of ii. s. of common Salt the weight of iiii. d. cut the Figges in pieces, and stampe them and the Walnut kernels together in a morter of Marble or wood a good space, vntil they be very smal, and then put your Rue leaues vnto them, stampe and stirre them well together with the rest, last put in the Salt and stampe and stirre these things together, vntill they be incorporated and made of one substance. Of the which take the quantitie of ii. or iii. Figges euery morning fasting, to children the halfe will serue, and he that listeth to increase or di-

miniſh the ſubſtance of this Medicine, ſhall eaſely do it, by taking of a greater or leſſe quantitie of the ſimples according to a due proportion.

A well approued Medicine to preſerue.

TAke of the fineſt cleare Aloes you can buy, in colour like to a Liuer, and therefore called Hepatica, of Cinamō, of Myrrhe, of ech of theſe the weight of iii. French crownes, or of xxii. d. of our money, of Cloues, Maces, Lignum Aloes, of Maſticke, of Bole Oriental, of ech of theſe half an ounce: mingle them together and beate them into a very fine powder. Of the which take euery morning faſting the weight of a grote of this in white wine delayed with water, and by the grace of God you ſhall be ſafe from the plague. No man which is learned, if he examine the ſimples of this medicine whereof it conſiſteth, and the nature and power of them, can denie but that it is a medicine of great efficacie againſt the plague, and the ſimples whereof it is made, are eaſily to be had in any good Apothecaries ſhoppe, except Bole Orientall, which is vſed in the ſtead of true Bolus Armenus, wherof we haue ſeene great ſtore in the ſhopps of maſter Rich the Queenes Maieſties Apothecarie, and maſter Morgans in Cheapſyde.

Take a drie Figge and open it, and put the kernel of a Walnut into the ſame being cut very ſmal, iii. or iiii. leaues of Rue cōmonly called Herbgrace, a corne of Salt, then roſt the Figge & eate it warme, faſt iii. or iiii. houres after it, and vſe this twyſe in the weeke.

Take

Take the powder of Turmentill, the weight of vi. d. with Sorrell or Scabious water in Sommer, and in Winter with the water of Valerian or common drinke.

Or els in one day they may take a litle Wormewood, and Valerian with a graine of Salt. In another day they may take vii. or viii. berries of Iuniper, dried and put in powder, and taking the same with common drinke, or with drinke in which Wormwood and Rue hath bene steeped al ỹ night. Also ỹ triakle called Diatesseroũ, which is made but of iiii. things of light price easie to be had.

Also the roote of Enula Campana, either taken in powder with drinke, or hanged about the bra.

Likewise a piece of Arras roote kept in ỹ mouth as men passe in the streetes, is very good Cordiall.

Take vi. leaues of Sorrell, wash them with water and vineger, let them lye to steepe in the said water and vineger a while, then eat them fasting, and keepe in your mouth and chewe nowe or then either Setwall, or the roote of Angelica, or a litle Cinamon.

Take the roote of Enula Campana being layde and steeped in vineger, & grosse beaten, put a litle of it in a handkercheife, and smel to it if you resort to any that is infected.

For women with childe, or such as be delicate and tender, and cannot away with taking of medicines.

MAke a tost of white or of the second bread, as you thinke good, and sprinkle on it being hotte a litle good wine vineger, made with

Rose leaues, and for want of it any good common or vsed vineger, & spreade on the tost a litle butter, and cast thereon a litle powder of Cinamon, and eate it in the morning fasting. The poore which can not get vineger nor buy Cinamon, maye eate bread and Butter alone, for Butter is not onely a preseruatiue against the plague, but against all maner of poysons.

When one must come into the place where infectious persons are, it is good to smel to the roote of Angelica, Gentian or Valerian, and to chewe any of these in his mouth.

An other preseruatiue for the poore.

IT shalbe good to take an handfull of Rue, and as much common Wormwood, and bruse them a litle: and put them into a potte of Earth or Tinne, with so much Vineger as shall couer the herbes: keepe this pot close couered or stopt, and when you feare any infection, dippe into this Vineger a piece of a sponge, and carrie it in your hand and smell to it, or els put it into a round ball of Yuorie or Iuniper made ful of holes of the one side, carying it in your hand vse to smell thereunto, renewing it once in a day.

To be vsed after infection taken.

Curatiues. FOr as much as the cause of the plague standeth rather in poyson, then in any putrifaction of humours as other agues doe, the chiefest

best way is to moue sweatings, and to defend the heart by some cordiall thing.

Suppositary.

If the Patient be costiue and bound in his bodie, let him take a Suppositarie made with a litle boyled Honney, and a litle fine powder of Salt, and so taken in at the Fundament and kept till it moue a stoole.

An excellent Medicine made without charges.

TAke of the powder of good Bayberries, the huske taken awaye from them, before they be dried, a spoonefull: Let the Patient drincke this, well mingled in a draught of good stale Ale or Beere, which is neither sowre nor dead, or with a draught of White Wine, and go to bedde and cast himselfe into a sweat, and forbeare sleepe as is aforesaid.

An other soueraigne remedie, that is a stilled water.

TAke the inwarde barke of the Ashe tree, a pound, of Walnuts with the greene outward shelles, to the number of 50. cut these small, of Scabious, of Veruen, of Potmorel, of Howsleeke, of euery one a handfull, of Saffron halfe an ounce, powre vpon these 5 strongest Vineger you can get foure pynts, let them a litle boyle together vpon a very soft fire, and then stand in a very close potte

well

well stopt all a night vpon the embers, afterward distill them with a soft fire, and receyue the water close kept. Giue vnto the Patient layd in bedde & wel couered with clothes, two ounces of this water to drink, & let him be prouoked to sweat, & euery sixe houres, during the space of xviii. houres, giue him the same quantitie to drinke. This Medicine for the worthines therof, and because it wil stand the maker thereof in little charge, it shall be very well done to distill it in the Sommer when the Walnutts hang greene on the tree, that it maye bee ready against the time that occasion serueth to vse it.

1. *Bloudletting.*

If the Patient be ful of humors which be good, let him immediatly be let bloud vpon the Ayuer veine in the right arme, or in the Median veine of the same arme (if no sore appeare) in the first day.

2. Medicine purgatiue.

For the poore take Aloes ȳ weight of vi. d. put in the pappe of an Apple: and for the richer Pilles of Rufus to be had in euery good Apothecaries shoppe.

After letting of bloud and purging (as shall be needfull) some of the forenamed Cordials are to be vsed.

These preparations thus vsed ȳ first day that the Patient shall fall sicke, as cause shalbe to vse the one or the other (no sore appearing) in which

case

ease if the sore shal appeare, they are both to be forborne; the next is to vse all meanes to expell the poyson, and to defend the heart by Cordials.

3. Medicament expulsiue.

THe poyson is expelled best by sweatings prouoked by posset Ale, made with Fenel & Marigolds in Winter, and with Sorrell, Bugloss and Borage in Sommer, with the which in both times they must mixe the triacle of Diatessaroum, the weight of ix.d. & so to lay them selues with all quietnes to sweat one halfe houre or an houre, if they be strong. For they that be neither full of humors nor corrupt in humors, neede neither purging nor letting of blood, but at the first plunge maye moue themselues to sweat with Cordiall things mixt with such things as moue sweat, and are before declared.

What is to be done when there is any rising or swelling in any part.

THen if by these three meanes the poyson be expelled outward by Botches, carbuncles or markes, called Gods markes, according as nature doth expell, so must the further procedings be, prouiding still, that they continue still in the vse of the cordiall and moderate sweating now and then, al the time that the sores be in healing, which must by the Surgion be handled with great discretion.

Medicine

Medicines be vsed in ordinarie dyet.

It is thought that the powder of harts horne hath a speciall prerogatiue, to be vsed al the time of their sickenesse in their broths, and supping, which in Sommer must euer haue Sorrell, Borage, Buglosse, and in winter, Betony, and Scabious, or Morsus Diaboli, and if their habilities do not serue, let them vse it with Aleburies made with a litle Nutmegge, or one Cloue, or with Cawdelles in like maner, made with Cloues, Maces, Nutmegges, Sanders or such like.

Both to preserue and cure the sickenesse.

Take an egge, make a hole in the toppe of it, take out the white, yelke, fil the shel with the weight of two frēch crownes of Saffron, roste the said egge thus filled with Saffron vnder the embers, vntill the shell begin to ware yelow, then take it from the fire, and beate the shel and Saffron in a morter together, with halfe a spoonefull of Mustard seede, take of this powder a french crown weight, and assoone as you suspect your self infected, dissolue it into tenne spoonfulles of posset ale, & drinke it luke warme, then go to bed and prouoke your selfe to sweating.

To be vsed in the first time of the Sickenesse.

Another is to take fiue or sixe handefull of Sorrel, that groweth in the field, or a greater quantitie according as you will distill

more

more or lesse of the water thereof, and let it lye infused or steeped in good Vineger the space of xviiii. houres, then take it of & drie it with a linen cloth put into a Limbecke, and distill the water thereof: And assoone as you finde your selfe touched with the sickenesse, drinke foure spoonfulles of the sayde water with a litle sugar, and if you be hable, walke vpō it vntil you do sweat, if not, keep your bed, and being well couered, prouoke your selfe to sweating, and the next day to take as much againe of it a litle before supper.

Item, to prouoke vomit with two ounces of rancke oyle, or walnutte oyle, a spoonefull of the iuyce of Celendyne, & halfe a spoonfull of the iuyce of radice roote, so that the party infected do walke and not sleepe, is better then any letting of blood, or any purging. For the disease neither can suffer agitatiō of humors, nor when one is infected, hath no time to bleede or to purge.

Outward medicines for to be applyed to the sore.

The first.

TAke of Scabiouse two handefulls, stampe it in a stone morter with a pestell of stone if you can get any such, then put vnto it of olde swynes grease salted, two ounces, and the yelke of an egge, stampe them well together, & lay parte of this warme to the sore.

The ſecond.

TAke of the leaues of Mallowes, of Camomill flowers, of eyther of them an handfull, of Lineſeede beaten into pouder two ounces, boyle the Mallowe leaues firſt cut, and the flowers of the Camomil in faire water ſtanding aboue a fingers breadth, boyle all them together vntil all the water almoſt be ſpent: then put thereunto the Lineſeede, of Wheate flower halfe an handful, of Swines greaſe the ſkins taken away iii. ounces, of oyle of Roſes two ounces, ſtirre thē ſtill with a ſticke, and let them all boyle together on a ſoft fire without ſmoke, vntill the water be vtterly ſpent, beate them all together in a morter, vntill they be wel encorporated together, & in feeling ſmooth, & not rough: then make part thereof hot in a diſh ſet vpon a chafindiſh of coales, & lay it thicke vpō a linnen cloth applying it to the ſore.

Another excellent medicine to ripen and bring out the Sore.

TAke a white Onion cut in pieces, of freſh butter three ounces, of Leuen the weight of twelue pence, of Mallowes one handfull, of Scabious if it may be had one handefull, of Cloues of garlicke the weight of xx.d. boyle them on the fyre in ſufficient water, and make a pulteſſe of it, and lay it warme to the ſore.

Another.

TO the ſore it ſelfe do thus. Take two handfull of Valerian, three rootes of Danewort, a handefull of Smalledge, or Louage, yf you can get

get it, seethe them al in butter and water, & a fewe crommes of bread, and make a pultesse thereof, & lay it warme to the soze vntill it breake.

Another for the same.

IF you can not haue these herbes, it is good to laye a loafe of bread to it, hot as it commeth out of the ouen, (which afterward shal be burnt or buried in the earth) or the leaues of Scabious or Sorrell rosted, or two or three Lillie rootes rosted vnder embers, beaten and applied.

A generall medicine for all sorts of people taken with the plague, to be had without cost.

TAke of ỹ roote of butter burre, other wise called pestilēt wort, one ounce, of ỹ root of great Valerian a quarter of an ounce, of Sorrel an hādful, boyle al these in a quart of water to a pint, then straine it and put thereto two spoonfulles of Vineger, two ounces of good Sugar, boyle all these together vntill they be wel mingled, let ỹ infected drinke of this so hotte as he may suffer it a good draught, and if he chaunce to cast it vp againe, let him take the same quantitie straight way vpon it, and prouoke himselfe to sweat, and he shal finde great helpe.

Time of continuance apart from common assemblies.

SUch as haue bene infected, should keepe their house without being conuersant with the whole, vntill the sozes shall haue left running

and be perfectly whole and ſound, which in ſanguine & cholericke perſons will be healed ſooner, then in melancholike & flegmatike complexions.

SUch perſons may not wel be conuerſant with them which are not infected, for the ſpace of one moneth.

Infected clothes.

THe cõtagion ſuſpected to remaine in clothes, either wollen or linnen, cannot wel be auoyded by better meanes, then by fire and water, by often waſhing & airing the ſame in froſts, and ſunne ſhine, with good diſcretion, and burning the clothes of ſmall value.

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A.j.